4-H is designed to support the positive and successful development of all youth. 4-H volunteer leaders are essential partners in creating a positive environment by focusing on the strengths of youth and providing positive ways for youth to meet their basic needs.

Caring Relationships—Belonging
All youth need a caring, supportive relationship in their lives. Volunteer Leaders and club members provide this fellowship by showing interest in, actively listening to, and fostering the gifts of 4-H youth. 4-H clubs provide an opportunity for long-term youth development seldom found in other educational delivery modes. The multiple interactions of parents and adults working with 4-Hers that is found in 4-H clubs is unique to most other youth education.

Constructive Learning Experiences—Mastery
Youth rely on the joy they receive from interests, hobbies and group participation to balance disappointments in other parts of their lives. 4-H offers opportunities to take on new challenges and learn new skills. 4-H youth develop mastery through the Experiential Learning Process by experiencing, sharing what happened, processing what was important, generalizing the experience to the real world and applying what was learned to other situations.

The presence of self-confidence and positive self-esteem are today considered to be two of the most important indicators of personal wellness and success in an individual. Through the support and encouragement of caring club parents and leaders youth grow taller in their feelings of self-worth. A sense of accomplishment is achieved from finishing a project and participating in a positive evaluation experience.

Leadership Opportunities—Independence
Creating opportunities for youth to develop skills and confidence for leadership and self discipline is a cornerstone of 4-H. 4-H helps young people recognize the connection between independence and responsibility. Independence does mean greater power and influence but it is linked with

(Continued on page 8)
So Now You’re An Officer

Election to an office implies a trust in the individual. In accepting and assuming the responsibility of an office, the member is obligated to do the best job possible. The member must be receptive to suggestions for improvement, be willing to study and learn more about the organization and be aware that the welfare of the organization should be put ahead of that of any individual.

You are a member of a team which includes other officers and an advisor. Each individual contribution determines whether it is a “fantastic” team that everyone wants to be a part of or a “hum-drum” team that most people could care less about! Which kind of team do you want? The choice is yours...the success of the team depends on what you as an individual contribute to the group.

Your office will give you the opportunity to improve your leadership skills and serve Oklahoma 4-H in a new way.

Since Oklahoma 4-H members expressed their trust and confidence in electing you to office, the best way to begin to serve is to learn the characteristics of good officer, as well as the duties of your office. You will be a better team member if you also know the responsibilities of the other officers. The information can help the leadership team work together for the success of the 4-H program.

Officers Are...

Honest, sincere, loyal, friendly – that’s one way to describe good 4-H Officers! They involve others in the decision making process and give everyone a fair opportunity to participate.

Officers represent 4-H to the people in the community, at school, at public events and at home.

Good officers get things done correctly and on time. They are proud of their jobs and always do their best. They work with their advisor to plan and carry out programming.

Officers of represent their local, district and state programs. They are an advertisement of the organization. Their skills and abilities, standards and ideals, grooming, speech and even their smiles, represent the very best in Oklahoma 4-H.

Representing 4-H is one of the most important responsibilities of state and district officers because that responsibility continues each hour of their tenure in office – not just while they are conducting a meeting, reading minutes or presiding at an event. Serving as an officer gives you a real opportunity to grow and develop. In order to make the most of this opportunity, each person musts know how to do his/her job well.


Volunteer Certification of ALL Officers

District and State Officers have the potential of working with youth unsupervised, as a teen leader, camp counselor or teen volunteer.

Oklahoma Volunteer Certification process states, “A teen (13-18 years of age) is any young person under the age of 18 who is volunteering for some 4-H responsibility.” 4-H encourages the development and training of teen volunteers. OCES staff and certified adult volunteers should work closely with young people to place them in volunteer roles that are appropriate to their skills and maturity.

As with all certified 4-H volunteers teens should have documentation. If they are fulfilling a specific volunteer role (camp counselor, organizational leader, project leader, etc.), they are to complete and have on file a 4-H Adult and Teen Volunteer Application, Annual Enrollment Form, 4-H Volunteer Agreement and Behavioral Guideline Form. Documentation provides liability protection under OSU policy.

County staff will be asked to provide documentation of certification and continuing education credits necessary for maintaining certification.
**Oklahoma Cooperative Extension—4-H Youth Development**

**Strategic Plan**

**Vision**
The 4-H Vision: Oklahoma is a national leader in developing youths’ abilities to become productive citizens and catalysts for positive change to meet the needs of a diverse and changing society. Through 4-H youth development education, youth will:

- Feel valued and empowered as a resource in the community
- Practice effective problem-solving and decision making skills.
- Be environmental stewards.
- Demonstrate positive character and ethical behavior.
- Appreciate human differences.
- Have a strong sense of community and social responsibility.
- Contribute to positive relationships with families, peers and community.
- Demonstrate communication and leadership skills.
- Value lifelong learning.
- Feel the personal pride that comes from achievement.

**Mission**
The mission of the 4-H Youth Development program is to provide Oklahoma youth, families and communities with educational programs which will create environments for diverse audiences of youth and adults to reach their fullest potential. In support of this mission we will:

- Provide community-focused experiential learning through clubs, school enrichment, special interest and mass media curriculum.
- Help youth develop skills that will benefit them throughout life.
- Foster leadership and volunteerism for youth and adults.
- Build internal and external partnerships for programming and resource development.
- Strengthen families and communities.
- Use research based knowledge and the land-grant university system and other sources.

Achievement of this mission will result in capable, competent and caring citizens.

**Program Priorities**
Program priorities are defined as major focus areas. These include:

- Enhance Leadership Development
- Enhance Health and Wellness
- Improve Science and Technology Literacy
- Promote Environmental Education

**Oklahoma 4-H Today**

No other youth development organization impacts Oklahoma like 4-H, developing the minds and hearts of our youth.

By equipping youth with positive character and effective problem-solving and decision-making skills, 4-H is empowering the next generation of leaders and citizens.

- There are 142,308 Oklahoma youth reached by the 4-H program.
- Of these youth, 26,671 are enrolled in 4-H clubs.
- More than 30% of Oklahoma 4-H youth represent minority racial, cultural and ethnic populations.
- Last year, 3,338 volunteers invested their time and talents in 4-H.
- Annually, Extension volunteers devote over 206,000 hours valued at more than $3.5 million.

2004 statistics

http://www.clover.okstate.edu/fourth

**Role and functions of an Officer**

Serve as a role model for youth and a representative and spokesperson for the 4-H program. Your job is to uphold the high ideals, values and moral standards of the Oklahoma 4-H program.

Each officer represents 4-H. Your actions represent all 4-H members and reflect upon your local program, your county program, your district program and the state program.

**Role and functions include:**

- Official representative of Oklahoma 4-H: upon request to legislators, university officials, the media or when opportunities arise.
- As a team, plan and carry out a leadership or community service project that involves members at the club and/or county levels.
- Promote the value of 4-H through opportunities **you initiate**, as well as upon the request of state, district and agricultural communication staff.

4-H Members Creed

I believe in 4-H Club work for the opportunity it will give me to become a useful citizen.

I believe in the training of my HEAD for the power it will give me to think, to plan and to reason.

I believe in the training of my HEART for the nobleness it will give me to be kind, to be true and to be sympathetic.

I believe in the training of my HANDS for the ability it will give to be helpful, to be skillful and to be useful.

I believe in the training of my HEALTH for the power it will give me to enjoy life, to resist disease and to make work efficiently.

I believe in my country, my state, and my community and in my responsibility for their development.

In all these things I believe, and am willing to dedicate my efforts to their fulfillment.

2005-06
What Is 4-H?

4-H is a dynamic, voluntary educational program primarily conducted as an out-of-school learning experience for today's young people. It opens doors by giving youngsters a wide range of opportunities to:

3 Learn about and how to do interesting things.
4 Have fun with friends while learning to do interesting things like taking care of plants or animals, fixing a bicycle, working on a computer, or sewing a garment.
5 Make new friends, have fun, discover, and develop by learning skills to use now and in the future.
6 Have a chance to try out new abilities and feel valued.
7 Learn to care about ourselves and others.

In 4-H, young people learn about themselves and others through many activities that interest them. They learn, with hands-on experiences, why and how to do things. They also acquire, social skills, learn how to plan, to make decisions, to communicate, and to value themselves as capable people.

How Did 4-H Begin?

4-H began in the early 1890's as the Boys' and Girls' Clubs. These clubs were formed in communities to help young people learn farming and homemaking skills. In 1914, Congress passed the Smith-Lever Act establishing the Cooperative Extension system. 4-H Youth Development is the name given to Boys' and girls' clubs when they became a part of the Cooperative Extension System. This System is a combination of the Extension Service of the U.S. Department of Agriculture (USDA), 74 land-grant universities and colleges in the 50 states, Puerto Rico, Guam, the Virgin Islands, American Samoa, Micronesia, the District of Columbia, and 3,150 County Extension Offices.

What is the 4-H Mission?
The mission of the 4-H Youth Development Education program is to provide experimental learning opportunities for culturally diverse youth and adults to reach their fullest potential, to develop skills that benefit them throughout life, and fosters leadership and volunteerism.

Achievement of this mission will result in capable, competent, and caring citizens.

What Do 4-H'ers Do?

4-H members are involved in projects and activities. A 4-H project is a group of learning activities that 4-H members do to learn about a topic. These topics might include such things as farm animals and pets, nutrition and cooking, bicycles, computer, art, gardening, and many other interests. There are many activities that provide learning experiences such as camping, exhibiting projects, doing demonstrations, and attending or participating in workshops, conferences, tours, trips, or fairs.

4-H members develop personal skills by participating. A 4-H'er can learn self-understanding, how to get along with others, ways to communicate, make decisions, and solve problems. They can learn how to manage resources and discover how to work well with others. 4-H'ers have an opportunity to develop leadership skills by participating in the program.

Who Conducts 4-H?

4-H is conducted through the Cooperative Extension System, and combines the efforts of youth and adult volunteer leaders, state land-grant universities, county and state governments, and the U.S. Department of Agriculture (USDA).

4-H is a cooperative effort supported through public funds at the federal level by USDA Extension Service, from the state level by the land-grant university, and at the county level by county budgets for Extension. 4-H is also supported from the private sector—individuals, business, foundations, and grants—through the national 4-H Council and state 4-H foundations. Local community and school 4-H programs are supported through private funds. Private support helps to expand and strengthen 4-H at all levels.

What is the 4-H Team and Why?

Parents, relatives, neighbors, and others make 4-H happen by becoming volunteers. Those who work in 4-H do so as a team. Volunteers work directly and indirectly with youth. The volunteers want to help youth learn, and then apply their newly developed knowledge, skills, attitudes, and values. 4-H volunteers create a learning environment that stimulates growth.

Learn-by Doing is the 4-H way. Through 4-H, young people who work with adults and older youth can learn useful skills and can serve their community and country by putting knowledge to work in real-life situations—even while they are young. Young people learn skills and gain knowledge through experiences—inquiring, exploring, testing, problem-solving, and discovering.
Expectations of Officers

- Officer responsibilities will be a top priority during your year in office.
- Commit the time necessary to attend officer and committee meetings, reach planned objectives and to thoroughly prepare and participate in required activities/events. A minimum of two hours per week must be provided to the State/District 4-H Program.
- Be willing to accept challenge with enthusiasm, perform to a degree higher than is expected of you and put your responsibilities into action without being told or reminded. Keep a positive attitude in all that you do.
- Be informed. Read and respond to e-mail, newsletters, correspondence, phone calls, etc. in a timely manner. Regularly check the Oklahoma 4-H Web page.
- Be responsible by being on time, keeping track of your schedule, taking the initiative on projects and following through with the things you say you will do.
- Willingly accept all of the honors, responsibilities and duties which result from being elected to serve.
- Represent the 4-H program at designated state and/or district events.
- Partake in the planning, preparation (training) and participation of 4-H Day at the Capital.
- Serve as a positive role model and mentor for younger members at all times.
- Remain enrolled and active at the local and county level.

You are first and foremost a 4-H member.
- Know your facts about 4-H and the Oklahoma Cooperative Extension Service.
- Act and dress with pride. Wear your nametag.
- Personal travel will be necessary to speak, educate and/or provide support to the 4-H program.
- Assume financial responsibility for the purchase of uniform(s), travel and some expenses.
- Instill a cooperative working relationship with all state/district officers and state/district staff.
- Be available for workshops and programs at your local club, county, district and/or at the state level.
- Complete and maintain volunteer certification status in your county as a teen leader.
- Take the initiative to do more than just what is expected of you. Success requires doing more than the minimum.

Guidelines for Official Dress

The major purpose of the 4-H uniform is to provide identity and visibility for the Oklahoma 4-H program. The official Kelly green* tailored blazers will be worn by youth representing Oklahoma 4-H. Source: Constitution and By-Laws of Oklahoma 4-H, as amended and approved January and May 1995.

While wearing the formal or informal uniform officers are representing Oklahoma 4-H. The image of our program is portrayed in every word, act and deed.

Formal and informal uniforms should be treated with pride and kept clean, ironed and protected by a garment bag. The lapel of the jacket should not display more than one 4-H pin/medal and the official nametag.

State Officer Official Dress & Casual Uniforms
The formal dress uniform must be worn to all major 4-H functions, activities or special events.

Young Men – Formal Uniform:
- Official green jacket, cleaned and pressed;
- White shirt with sleeves, cleaned and ironed, worn with an undershirt;
- The state 4-H officer tie, tied in a Windsor knot;
- Khaki slacks of appropriate length, clean, pressed and creased;

(Continued on page 6)
Official Uniform continued

(Continued from page 5)
- Brown dress shoes, polished and free of visible wear;
- Socks to match the slacks.

Young Women – Formal Uniform
- Official green jacket, cleaned and pressed;
- White shirt with sleeves, clean and ironed;
- The state 4-H officer tie (decided upon by the team and approved by the advisor) tied in a Windsor knot;
- Khaki colored A-line skirt, knee to mid-calf length, clean and pressed, with a slip;
- Brown dress shoes, clean, polished and free of visible wear;
- Nylons, natural color.

Officers may also select an informal uniform which should reflect the 4-H identity through use of green and white colors. The informal uniform may be worn to many events where other participants will be dressed in casual clothing. Decisions regarding uniforms should be made by the team with approval from their advisor.

Informal Uniforms
- Orange button-down or polo shirt with Osage 4-H Shield;
- Dress or casual shirt (decided upon by the team and approved by the advisor);
- State 4-H Leadership Team t-shirt (when appropriate) clean and pressed;
- Khaki pants or shorts (fingertips must touch the hem of the shorts when standing with arms down at sides) clean and pressed;
- Shoes that are clean and free of visible wear.

Keep Formal and Informal Uniforms clean and pressed at all times.

Participation in County, District and State Events

If you plan to attend any district event, courtesy requires that you notify, in advance, the District Program Specialist from that district so they may plan for your involvement. In the case of state events, you should notify the State Specialist in charge. There may be some events where State/District Officers cannot be accommodated.

A minimum of one week’s notice is required unless otherwise specified by state or district specialist or event guidelines. In most cases, you will be expected to pay for your own meals and lodging. If unsure about expenses ask, “Who do I need to send my registration to and by when?” This opens the door for them to let you know what you are financially responsible for.

Keep Formal and Informal Uniforms clean and pressed at all times.

When you contact the District or State Specialist, please be specific about when you will arrive and how long you will stay. If you want to help or be on the program, let them know. The event coordinator may be counting on you for help and may expect you to be there for the entire event, unless you have worked out other arrangements. Be responsible and look for opportunities to assist or serve. Don’t wait to be asked, volunteering is a sign of responsibility and maturity.

Scheduling Request—Complete and Turn in Form before Function

Form on OK 4-H Web page—http://agweb.okstate.edu/fourh/4hopp02/state_District_office.htm

Each officer should complete a “District and State Officer Scheduling Request Form” when contacted to do programming outside of their county. (Example page 18)

The form has two purposes:
1. Assist you in collecting all of the information needed to fulfill the request.
2. Keep your advisor informed of your official duties.

The completed form must be emailed, mailed or faxed to your advisor prior the event. This form and others are posted on the Oklahoma 4-H Web site.
Officer Duties

Officers who fail to fulfill the duties of their office may be removed from office following the processes outlined in the duties section of the By-Laws.

An officer, who allegedly violates the Oklahoma 4-H Code of Conduct and any other published policies or rules governing 4-H affiliated events and activities as a 4-H member, will forfeit their office following a review.

General Responsibilities for all Officers:
- Serve as a liaison for youth involved in the 4-H Youth Development Programs at the two Land-Grant Universities.
- Be available for workshops and programs at the local club, county, district and/or at the state level.
- Represent the 4-H Program by speaking to civic groups, 4-H groups, and 4-H volunteers throughout the state.
- Seek opportunities to expand the diversity of the 4-H program.
- Maintain active status as a certified volunteer.

President's Responsibilities
a) Preside at all state/district meetings. Provide an agenda for all executive committee meetings
b) Attend to such duties as are necessary to carry out the state/district 4-H Program.
c) Appoint committees and chair the state/district executive officer committee.
d) Coordinate selected activities of the State / District Leadership Team (state and/or district officers and state ambassadors).

d) Perform duties delegated by the president.

Vice President's Responsibilities
a) Serve in the absence of the president.
b) Perform all duties delegated by the president.
c) Assist president on questions of Parliamentary Procedures.
d) State VP - Serve as state officer liaison to district from which elected.
e) District VP - Serve as officer liaison to counties in their district, as well as county officer activities and 4-H programs.
f) Maintain active status as a certified volunteer.

Secretary's Responsibilities
a) Record minutes of all state/district 4-H officer meetings. Type and send minutes (electronically or by mail) within 2 weeks after meeting to executive committee members and the advisor.
b) Keep extension staff and district 4-H officers informed of all business and projects.
c) Conduct the official correspondence of the organization.
d) Perform duties delegated by the president.
e) Work with reporter in maintaining an electronic history of officer team’s accomplishments and activities.

Song Leader's Responsibilities
a) Assist with group singing on a state and district level and at any other special meetings that are a part of the 4-H program in the state/district. Select songs that are appropriate and communicate a positive message.
b) Promote 4-H enthusiasm.
c) State - Attend district Share-the-Fun Contests and coordinate State Share-the-Fun program. Develop theme and write script for “4-H Share the Fun.”
d) District - Coordinate District Share-the-Fun Contests. Develop theme and write script for “4-H Share the Fun.”

Reporter's Responsibilities
a) Work with secretary in maintaining an annual electronic history of the officer team’s accomplishments and activities. (See page 18 of the Officer Handbook for instructions.)
b) Submit information and materials to 4HUSU.org on behalf of your constituents.
c) State - Work closely with the Oklahoma State University Agricultural Communications Services and other media outlets.
d) State - Provide articles and information for State Newsletters (Focus on Youth and 4-H Foundation Publication) and Oklahoma 4-H web site.
e) State - Work actively with 4-H reporters throughout the state to communicate the 4-H story.

Langston University Representative's Responsibilities
a) Assist in coordination of county and state activities.
b) Encourage 1890 program participants to attend and become involved with county and state 4-H events and activities.
c) Attend to duties as are necessary to carry out the Langston 4-H program.
d) Serve as a liaison between the 1860 and 1890 Land Grant University 4-H Youth Development Programs.

Amended 4/04
Setting Goals

Each of you are encouraged to set personal, professional and team goals for your term of office (page 9). Goals provide a means to evaluate your effectiveness as an elected official during a term of office.

Examples:

**Personal Goals** are the things you want to do to improve yourself as an individual in your role as an officer.

1. To be involved with and a positive role model for the 9-12 year olds in my local club.
2. To improve my organizational skills so I make deadlines and events.
3. To be a better communicator – keeping up with all forms of communications.
4. To become more confident and casual when making a presentation to an audience.

**Professional Goals** are defined as the things you want to accomplish in your elected office.

1. To write and submit articles to the Focus on Youth which promote our team's work or projects.
2. To meet with the team advisor one week prior to a business or committee meeting to review the agenda I have prepared to send out to the team/committee.
3. To train 10 county song leaders to be more effective in their roles.

**Team Goals** are those things you can do or want to learn to make yourself a more successful member of the officer team.

1. Be on time and prepared for meetings and activities.
2. Communicate with others in a timely manner and upon request.
3. Become a active listener.

Essential Elements of 4-H continued

(Continued from page 1)

Responsibility for decisions made and actions taken. Today's society is busy, with worthwhile opportunities for youth in greater abundance than ever before. Being involved in a successful 4-H club means that members learn how to set priorities in developing their club program and manage the time they have available for their club wisely.

**Service to Communities—Generosity**

The 4-H Pledge focuses on the importance of larger service and recognizing a responsibility for the welfare of others. 4-H helps youth focus on developing concern for others and taking action to demonstrate that concern.

Service forges bonds between youth and the community, and doing something valued by others raises feelings of self-worth and competence.

USDA 2005

Oklahoma State University, in compliance with Title VI and VII of the Civil Rights Act of 1964, Executive Order 11246 as amended, Title IX of the Education Amendments of 1972, Americans with Disabilities Act of 1990, and other federal laws and regulations, does not discriminate on the basis of race, color, national origin, sex, age, religion, disability, or status as a veteran in any of its policies, practices or procedures. This includes but is not limited to admissions, employment, financial aid, and educational service.
My Goals as a 4-H Officer

Each of you are encouraged to set personal, professional and team goals for your term in office. Goals provide a means to evaluate your effectiveness as an elected official during a term of office. Keep goals simple and attainable. Think about who can assist you in developing and achieving your goals. Note their name and send/share with them a copy of your goals.

**Personal Goals** are the things you want to do to improve yourself as an individual in your role as an officer.
1.
2.
3.
4.

**Professional Goals** are defined as the things you want to accomplish in your elected office.
1.
2.
3.
4.

**Team Goals** are those things you can do or want to learn to make yourself a more successful member of the officer team.
1.
2.
3.
4.

I pledge to myself, I will keep these goals visible and consciously work to achieve them during my term of office.

__________________________________________  ____________________
Name                                             Date
State/District 4-H Officers’

Pledge of Office

I, ______________________________ agree to perform the duties and uphold the office I have been elected to serve and agree to the following:

1. Follow and abide by the Oklahoma Code of conduct and any other published policies or rules governing 4-H affiliated events and activities when representing 4-H on the local, county, district, state and national level.

2. To honor and respect the Oklahoma 4-H organization and to conduct myself in such a manner as will reflect positively on the program and the office I hold.

3. To fulfill the duties and obligations of the office which I hold as outlined by the Oklahoma State 4-H By-Laws and Constitution, as well as the expectations as outlined in this State and District 4-H Officer Handbook. (See ByLaws, Article I, Sec. I-D)

4. To represent the concerns, interests, and ideas of 4-H members and make decisions based on the welfare of the 4-H program and the constituents I represent rather than my own personal interests.

5. To honor the commitments I make in officer meetings as well as to county, state and district staff.

6. To show respect and appreciation for the 4-H members, volunteers, parents and OCES educators and specialists and prove myself to be worthy of their support and trust.

7. To serve as an advocate for the 4-H program, providing positive visibility on the local, county, district and state level.

I agree to accept my responsibilities as a State/District 4-H Officer and will abide by the Pledge of Office and as previously stated. I understand that if I do not fulfill my obligations or conduct myself in a manner appropriate to the position I have been elected to fill, I may face the consequences of my actions and can be removed from office as stated in the 4-H By-laws. Realizing that the Pledge of Office as outlined is not “all inclusive,” I understand that the State/District 4-H Program Specialist and Review Board as outlined in the 4-H Constitution and Bylaws reserve the right to interpret policies in the best interest of the 4-H program.

State/District 4-H Officer’s Signature ____________________________________________ Date __________________

I have read the 4-H Officer Handbook and understand the responsibilities my child has accepted. I will support the Oklahoma 4-H program and my child in fulfilling these duties and responsibilities.

4-H Officer’s Parent/Guardian’s Signature __________________________________________ Date __________________

I have provided the officer team both verbal and written descriptions of expectations and responsibilities of being a 4-H officer. I will support, guide and provide education to this young person in their personal and professional development as a 4-H member.

State/District 4-H Program Specialist’s Signature ________________________________ Date __________________

- **Green Copy** to be turned in to the officer team’s advisor by July 1.
- **Pink Copy** to be kept by the 4-H officer’s family.
**Using the Phone**
Do not take using the phone for granted. To be more effective use the following tips:
- Write down in advance what you want to cover and in what order;
- Speak slowly and pace yourself with the other person;
- Always be polite and friendly;
- Smile—a smiling face encourages a smiling voice and invites a positive response.

Within 24 hours always reply to incoming messages from an answering machine, text messaging or voice mail. It is a matter of courtesy.

When leaving a message start with your name, phone number and the time and date of your call. Speak slowly and clearly or your name, number or both may be lost. Be brief and concise with your message. Note the level of importance. End the message by repeating your name and number.

When making contact, use the person’s name and announce yourself by saying “This is so-and-so” (never “My name is so-and-so”). If the person in question is “in a meeting” or “unavailable,” ask when he or she will be free and say when you will call back. Then phone later and say your call is expected. Have your thoughts written down in a logical sequence so you may effectively use the time being provided.

**Written Communications**
Documents that are written well, easy to understand and keep to the point are composed by people who have clarified their thoughts before writing. Make your written communications effective by thinking before you write and always writing what you think. Visualize the reader to improve clarity and choice of words.

Correspondence should have a purpose. The first rule is making the purpose or objective clear. The second rule is to include all the information that the reader needs in order to understand your aim. Resist the temptation to write too much—try to fit your letter on one side of a piece of paper. Ask someone you respect to critique any letters dealing with problematic situations or of a sensitive nature.

Choose words carefully and keep them simple and to the point. Use short words and sentences rather than to long. Use active verbs rather than passive. Avoid using complicated, unusual words, jargon, double negatives or abstract terms—they may obscure your meaning. Use natural, unforced diction; in other words, write as you talk, not as you think you should write. Do not revise until you have finished and then cut fearlessly—editing always improves the impact of the written message.

**Information Technology**
New technology has greatly increased our choices for communicating. E-mail, fax machines, text messaging, voice mail, pagers and the new technology just beyond the horizon, all provide good tools for quickly receiving and relaying information around the world. With this diversity come new challenges and responsibilities.

E-mail is fast, user-friendly and versatile. It can be a valuable means for saving resources such as time, paper, ink and postage. However e-mail can be abused.

The following rules of “netiquette” will enrich the receiving and relaying of information via the intranet.
- Use meaningful subject titles;
- Be as brief as possible by

(Continued on page 12)
Information Technology continued

(Continued from page 11)
- Writing succinctly and to the point;
- Don’t send irrelevant messages;
- Check punctuation, spelling and grammar (reflects back upon you as an individual);
- Use bullets or numbers when possible;
- Read and re-read the content to make sure it conveys the intent for which it is being written;
- Reply in a timely and expedient manner by using the “reply” feature of e-mail.

Fax messages should either have a cover page or the following information should be contained in the actual fax:
- Full name of recipient
- Phone number and Fax number of recipient
- Complete address of recipient
- Full name of the sender
- Phone number and Fax number of sender
- Complete address of sender
- Total number of pages including cover sheet
- Complete instructions as to who is to receive or what is to be done with the materials.
- Note if you wish a reply or confirmation that the Fax was received.

Answering machines, voice mail and text messaging all provide a valuable service for leaving a message when someone is unavailable. By possessing and utilizing these pieces of technology it becomes our responsibility to use them responsibly in replying in a timely manner. Cautiously use the reason “I didn’t receive that message” because someone may be keeping records of when and how.

Writing Thank You Notes

Thank-you notes should be sent to thank people for gifts, donations, sponsorship, special help with a project, leadership provided, parties attended, meals eaten, and even having spent the night at someone’s home.

A thank-you letter should have six points. Use this checklist with the goal of making sure that everything on the checklist is taken care of in one letter.

Personal notes should be hand-written. If your handwriting is hard to read, write out the message on scratch paper first. Have it checked for spelling and be sure the six points are included. Then take your time to neatly copy the message on to a nice note card or piece of stationary. It is important that the envelope is also neatly addressed.

Source: Amy Vanderbilt Complete Book of Etiquette

Six Point Check List

2. Who is doing the thanking? (You alone? On behalf of your club or county 4-H? Your family?) If only one person’s writing that person should thank on behalf of everyone involved.
3. Mention something noteworthy about the event or gift. (Great food! Good music! Pretty flowers on the table. Usefulness of the gift. What you learned. How the donation was used. How many people were reached?) This is the time to tell the person details.
4. It’s nice to remark about the warm hospitality of the hosts or thoughtfulness of the giver or donor.
5. If you have spent time in someone’s home, add a special word about how nice it was to meet some new member of the host’s family.
6. Always end in an upbeat, pleasant tone.
Examples of thank-you notes:

**Donor**

Dear Mr. Peterson,
On behalf of the Cleveland County 4-H members, I would like to send a sincere 4-H thank-you for Piggy National Bank’s generous donation to our Cleveland County 4-H Banquet. The meal of barbecue beef was really tasty.

One-hundred and fifty members and their parents attended the Achievement Banquet on October 23rd. The state 4-H President provided a very inspiring talk on being a good citizen in our communities.

Thank-you for your interest in our Cleveland County 4-H members. We appreciate your support.

Sincerely,

**Donor**

Dear Ms. Tomlin,
Thank you for sponsoring my trip to the Nature Museum. It was a great day and I learned a lot about our environment and the outdoors. The Nature museum has a really neat water garden full of different kinds of fish which will eat out of your hand. The dinosaur exhibit was really cool. We learned that the oil being used today in our cars and for plastic was once a dinosaur.

I really appreciate your interest in the 4-H program. I will try to use what I learned on the trip to become a better citizen.

Yours Truly,

**For Special Leadership or Help**

Dear Mrs. Jackson,
A very special thanks for the wonderful program on photography at the Clover Petal 4-H Club Meeting. I learned how to make my pictures look more professional using the proper film, good lighting and lining up a picture in the camera’s lens.

I especially enjoyed all of the beautiful pictures that you brought and shared with our club! Someday I hope to be as good as you.

Thank-you for taking your time to teach us more about photography.

Your Friend,

---

**Writing a Letter of Confirmation**

Written confirmation should always be sent following the verbal contact of an individual or group asked to provide a service, product or facility. The written documentation will confirm and summarize the conversation for the benefit of both the provider and the recipient.

Generally speaking the letter contains:
- Who the letter is being written on behalf
- Provides background information about the program/group/objectives/etc.
- Confirms what it is that you want them to do, say, or provide
- Date, time, and location for the engagement/activity.
- Date materials are needed
- Thank them for sharing their time, talents and/or resources

Dear Mr. Jones,
Thank you for agreeing to speak at our 4-H Leadership Team Retreat luncheon on June 17, 2005. Lunch will begin at Noon in the atrium of the Noble Research Center on the campus of Oklahoma State University. Your presentation will take place from 12:30-1:15 pm. I will meet you at 11:30 am in the atrium.

As per our conversation, we would like you to share the importance of establishing your credibility as a public figure through ones actions, deeds, poise, etiquette, appearance, language and grammar.

The audience will be composed of State Ambassadors and State and District Officers. Each group has a very high profile in the 4-H program and are responsible for meeting with donors, public officials and most importantly being role models for Oklahoma 4-H members.

Enclosed is a map of the campus. If you wish to bring a guest for lunch please let me know by June 1, 2005. Please feel free to contact me if you have further questions. My email address is cloverkid@hotmail.com or by cell phone at 405-744-8891.

Sincerely,

Jay Ling

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Steps in Developing Effective Written Communications or Presentations

1. Plan what you want to say.
2. Write the whole thing down without a pause.
3. Reread the text when you have finished.
4. Edit the material ruthlessly.
5. Walk away and let it sit for a while.
6. Return, reread and continue edits or development with a fresh perspective.
7. Check spelling, punctuation, grammar and the flow of thoughts and/or concepts.
8. Send or present.
4-H Public Relations

The Importance of Introductions and Conversations

Knowing how to introduce other people is important to good manners. If in doubt about an introduction, introduce them.

Who Is Introduced to Whom

1. The youngest person is always introduced to an older person.
2. A person is introduced to someone of a higher position.

The New Informality of Introductions

1. When introducing an individual to a group say, "This is Mary Smith".
2. When introducing an individual to someone say, "Bob, I'd like you to meet Gwen Swift. Gwen, this is Bob Johnson."

Always introduce people in a warm, smiling fashion.

Standing Up to be Introduced

1. In a small group all should stand when someone enters and is introduced.
2. If the group is very large, only those nearest the newcomers should rise and say hello.

The Handshake

Every bit as important as a smile and warm tone of voice is a warm handshake.

The grip should be a firm one, a handshake of substance - not a bone crusher or too long-lasting either. Two or three seconds is long enough.

Don't let a handshake be lifeless or people will tend to think that the handshake matches the character.

Use of "Ma'am" and "Sir"

This is still used as a sign of respect in many parts of our country.

Just as respectable is the use of "Yes, please", or "No, thank you". Even nicer is for the individual to use the name of the person being addressed: "Yes, Mrs. Jenkins"; "No thank you, Mr. Brown"; "Yes, please, Miss Smith".

Always take the initiative to introduce yourself. Don’t assume that everyone knows who you are. Introducing yourself is a good way to break the ice. You might start a conversation by saying:

"Hello, I don’t believe we’ve met. I’m ___________ and I’m representing the state (or district) 4-H officers tonight."

"What is your name?"

"I’m __________________" 

"It’s a pleasure to meet you Mr. __________. I noticed the pin on your lapel. Are you a member of Kiwanis?"

"Yes, I am. __________

Starting a Conversation

It is not easy to approach a stranger and start a conversation. At 4-H events, however, this is much easier because everyone shares a common interest.

When you are with a 4-H member, ask about his or her project, family and other interests. Try to find out as much as you can about them. Most people like to talk about themselves. Share a relevant personal experience to get across points about 4-H.

Other topics of conversation include judging contests, awards the member has won and activities other than 4-H.

When meeting older 4-H members, talk about 4-H, outstanding achievements, school, summer jobs, summer vacation, sports, entertainment, family or plans for the future.

With adults ask who the person is or where he or she lives. You can also ask about their occupation and how they became interested in it.

If appropriate, you can follow this up by an appropriate comment such as: "We appreciate that Kiwanis helped to support our district leadership conference. This conference helps 4-H members __________. Without your support, some members would not be able to participate in this event."

People tend to feel self-conscious and uncomfortable if they are standing by themselves. If you can make someone feel comfortable and leave them with a positive impression about the 4-H officer team, you have accomplished more than if you had given several impersonal speeches.

Do not forget to use “Yes Ma’am, No Ma’am, Yes Sir and No Sir.” Etiquette goes a long way.
Public Speaking

As a representative of 4-H, you may participate on a program. Whether you are introducing a speaker, presenting an award, installing new officers or are giving the keynote address, the following guidelines will be helpful.

Preparation – Be prepared. Do not start preparing the night before! Quality requires thought and preparation, sometimes many rewrites on paper, as well as in your mind. A rule of thumb – one typed double spaced page equals approximately 1 minute of talk time.

Notes - It is not possible or desirable to memorize every presentation. Memorized presentations often sound over prepared. Notes are “OK,” however do not let them detract from your presentation.

Microphone - Test your voice on the microphone before the banquet or meeting. Be sure you know how to adjust the height and volume. If someone uses the microphone before you, check the height before you start to speak.

Smile - Show the audience you are genuinely happy to be there.

Eye Contact - Maintain eye contact with your audience. This will help you learn to read your audience - an ability you will develop with experience.

Hands - Control your hands. Use gestures, as long as they are natural. Otherwise, keep your hands at your sides or behind the podium.

Giving a Welcome
• Bring a prepared statement on behalf of the officers team and express your appreciation.

• Let the audience know you are familiar with their purposes and goals.
• Smile; be friendly, enthusiastic, confident and poised.
• Limit your remarks to three to five minutes.

Presenting an Award
• Explain briefly why the award is being made and how much the award is deserved.
• Congratulate the recipient and convey everyone’s good wishes.
• When presenting the award, extend your hand to the recipient, smile and try to get a smile in return. (Good time for photo)
• Start the applause.

Introducing a Speaker
Introducing a speaker does two things. It breaks the ice between the speaker and the audience and helps make the speaker feel at ease.

Try to get a biographical sketch of the person you are introducing, but don’t read it item by item. Condense the information and make it interesting for the audience. If you can’t get written information in advance, meet briefly with the speaker before the introduction. This will allow you to gather information.

A good introduction is short, complimentary and informative. It includes:

• Where the speaker is from
• Key positions in which the speaker has served and current position
• Facts about honors and awards the speaker has received
• Why the speaker is qualified to talk on the subject and title of speech
• Name - Always say the speaker’s name last
• Lead the applause

As a Key Note Speaker
It will take hours of preparation for a 15 minute address.

The following are some practical points in planning your address.

1. Ask what they want you to speak about. Have them make this choice; it will assist you in preparing your remarks.

2. Know the audience, get background information and use this to prepare your remarks.

3. Sit down with resource materials and leisurely read through it two or three times. Jot down the key ideas and the main theme. Tape this where you will see it every day and think about how you are going to address the topic.

4. Avoid excessive use of quotes. Only use those which drive home a thought or concept.

5. Write the address using your own words. Be sure each of the following have been addressed in the plans.

(Continued on page 16)
Public Speaking continued

(Continued from page 15)

a. Review materials and ask yourself: Is it suited for the group? Have you provided the necessary background information?
b. Keep statements factual. Watch the use of general, vague or broad statements. Be specific in your message.
c. Watch the vocabulary. Evaluate the words and decide how you will explain and define them.
d. Determine what visual aids and other materials may be needed. Collect these items as soon as possible and notify your host.
e. Have you provided things to think about or challenge them.
f. Have you provided opportunities for the audience to feel good about themselves and who they represent?

6. Work on your presentation.

a. Prepare and plan carefully. This may be your first and last contact with the audience. A good beginning is important and will pay off in high audience interest.
b. Use the visual aids when you practice the presentation.

7. Carefully review the materials so you clearly understand the message and how to effectively emphasize it.

Positive Appearance

Presenting a Positive Image

We are a mirror of our own self-opinion. No matter how you are dressed, you are sending a message to those around you.

Give thought to what you wear, what you will be doing, and the message being communicated.

Select clothes that communicate a sense of confidence and authority. People tend to respect those who exhibit pride in their manner and dress.

Grooming cannot be overemphasized. Money has nothing to do with being well groomed. The best-dressed person will not portray that image unless they polish it off with grooming.

Good grooming refers not only to one's clothes, but to oneself. Hair, make-up, nails, deodorant and a clean body all summarize good grooming.

Clothes should be clean, free of stain, well pressed and free of lint; shoes polished or clean and repair work completed.

Movement in your clothes is important to your sense of style. Clothing should allow one's body to move and stand with ease and grace.

Sit with pride. Your spine should be straight, hips flush with the back of the seat, feet parallel and flat on the floor.

Don't flop and squirm into position when sitting. Sit on the edge of the chair; place your hands on the sides, and ease yourself back with a lifting motion.

Crossing your legs is OK. Women are most attractive when knees and feet are close together and ankles crossed.

Positive PR for Officers

When you attend a 4-H function as a representative of your officer team, you may be asked to participate in some way.

Whenever you represent 4-H in any capacity, be sure to arrive early. Use this time to meet and talk to as many 4-H members, parents, leaders and guests as you can. As a “elected official”, it is your job to meet members, leaders and parents—not vice versa. An officer who shows a sincere interest in younger members is a strong motivator.

When several officers are assisting with the same event, be especially attentive about mixing and talking with members. Members may view you as aloft or stuck up if you talk only with the other officers. In fact, they may hesitate to approach you because you are an officer.

Look for opportunities to serve and be of assistance. Don’t wait to be asked. Initiate the question, “May I help in any way?”
Planning a Lesson for a Workshop

A lesson plan on paper looks simple, but the process of getting it there is not.

1. Have the main idea/objective firmly in mind so that you can focus all activities around it.
2. Study and research the subject for your own enrichment, as well as for the group’s benefit.
3. Ponder or give a lot of thought to what you will be doing.
4. Be willing to spend time in trying out several different ideas in your mind before settling on one.
5. Know yourself, your group, and the location/facilities well enough to make judgments about what will work.
6. Realize that your audience needs to learn at their level, not your level.
7. Transfer the information and ideas to paper. Critically review the information and outline. Critique it with others and make changes. Have back up material/activities/ideas for last minute changes.
8. During discussion and brainstorming, be willing to share, without imposing your ideas.

REMEMBER - You are planting seeds you may never see grow or bloom – and that is OK.

SUGGESTED RESOURCES: Volunteer Development Fact Sheets:
#846 Planning a Lesson
#841 Understanding Boys and Girls
#842 Teaching Techniques
#862 Learning Styles
#865 Experiential Learning

Targeting Life Skills

One of the primary goals of the 4-H program is to help youth develop important life skills that they can use everyday. Life skills are tools youth (and adults) use to cope with daily circumstances, make important decisions and enhance the quality of their daily lives. Life skills help youth become competent, capable and contributing individuals. These skills can be seen in the Targeting Life Skills Model (Hendricks 1996).

When the 4-H program began, the purpose was primarily to teach youth project skills such as how to raise corn, livestock and vegetables as well as how to cook a meal. Today the primary goal of 4-H is youth development. Projects are used as a way for youth to practice and learn life skills. Strong project experiences are essential. Today a variety of methods are used to involve the youth in the experience so they practice important life skills as they explore the project. For example to teach decision making skills youth actually practice decision-making skills and discuss how they applied the skill and how it will effect future decisions.

A well-designed activity will provide opportunities to practice one life skill from each quadrant of the clover. Keeping the number of skills limited and balanced assists youth in processing what they have learned.
District and State Officer Scheduling Request
for speaking engagements, workshops, M.C. etc…

Date of Request ________________________________  Contact Person___________________________________

Officer’s Name _________________________________ Phone Number __________________________________

Office ________________________________________ E-mail _________________________________________

Date of Event __________________________________ Type of Audience: (check all that apply)

Event ________________________________________  Adult _____ Youth ______

Time ________________________________________  Age range of youth ____________________________

Length of Program ______________________________ Who is the audience:

Location ______________________________________  4-H _____ Other _____ Specify other _________

Type of Program (check one)

_______ Speech

_______ Workshop

_______ Other ______________________________________

Program Topic/Description:

Details of Request

Will you be driving? Yes _____ No _____ If no, who will drive?_______________________________________

Who will be riding with you?_____________________________________________________________________

Other Officers or Ambassadors assisting with request. _______________________________________________
Leadership Team E-Scrapbook

Our definition of an E-scrapbook is a PowerPoint presentation summarizing your leadership team’s goals, activities and individual officer accomplishments. This will be your team’s legacy to leave the Oklahoma 4-H program.

Each of the following Leadership Teams should complete a scrapbook: SW, NW, SE, NE Districts, Ambassadors and State Officers.

Scrapbook will be shared at Roundup and posted on the Oklahoma 4-H website after Roundup.

Guidelines for setting up E-scrapbook:
1. Keep the slides simple, yet informative.
2. Provide detail about each project in the “notes” section of the slide.
3. Pictures should reflect size, scope and growth of the program or activity.

Report the following:
1. Established team goals and goals accomplished. Explain how the goal was accomplished in the note section of the PowerPoint slide.
2. Activities and project undertaken by your team. Provide a written narration/summary about each in the note section of the PowerPoint slide.
3. Individual Goals accomplished by each member of the team. These goals should be related to the individual’s office or as they relate to team responsibilities or expectations. Provide a written narration about each in the note section of the PowerPoint slide.
4. Choose simple basic fonts.
5. Carefully select background for slide. It needs to readily assessable. Reference where it comes from in the note section on the first slide.

Sample Slides
Sample slides have been prepared to assist in assembling the teams E-scrapbook. These sample slides are an example of how one might report the items noted above. Samples located at the following web address:

http://agweb.okstate.edu/fourh/Atemp/Escrapbook_sample.PPT

Sample slides illustrate:
Slide 1 – Theme - If the team chose one.
Slide 2 – Team Goals accomplished.
Slide 3 – Individual Officer Goals. Summary of your accomplishments as an officer should be narrated in the notes.
Slide 4 – Individual Projects or Activities accomplished as an officer.
Slide 5 – Activities or Events planned and conducted by the team.
Slide 6 – Back page or conclusion.

Who is Responsible?
The E-scrapbook is the responsibility of the reporter and secretary of each team (as outlined in State and District Officer Handbook) or assigned Ambassador Committee.

Carefully select a font that can be read by other computers.

Suggestion: Send each officer a template/sample slides and let them fill in the text, add pictures and write the narration in the “notes” section. You can edit and proof when they are returned. FYI - All team and individual goals and photos are listed on the Oklahoma 4-H website.

http://agweb.okstate.edu/fourth/officers03/stdistoff04.htm

What to Turn In and When?
1. Burn a CD with the entire E-scrapbook PowerPoint. We also encourage you to include other electronic materials created by the team (flyers, speeches, conference schedules, news releases, scanned newspaper articles, etc.) Remember this is an archive of what the team accomplished and is your legacy to Oklahoma 4-H.

2. Due on or before May 1st Burn a second CD which contains only the slides being used in your 5 minute report at Roundup. One or more members of your team may be part of the presentation. Just remember, the presentation is limited to “5 minutes.”

Both CD’s are due on or before May 1st

Mail to:
State 4-H Office
Attention – K. Knoepfli
205 4-H Youth Development Building
Stillwater, OK 74078

Questions: Contact Karla Knoepfli, 405-744-8891 or email kknoepf@okstate.edu

Make A Difference Day

Cassity Green, NW Vice President

Purpose
Community wide fun-filled activity for families. All proceeds for the Ronald McDonald House.

Impact
• 200+ participants
• $350 raised and then matched by Wal-Mart for a total of $680 for the Ronald McDonald House
• Experienced teamwork and cooperation in action

October 27, 2001
<table>
<thead>
<tr>
<th>Competency</th>
<th>Behavioral Indicators</th>
</tr>
</thead>
<tbody>
<tr>
<td>Communication Skills</td>
<td>* Effectively expresses ideas and facts concisely and in an organized manner through oral and written communication.</td>
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<tr>
<td></td>
<td>* Works well with 4-H members, parents, volunteers and extension staff.</td>
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<td></td>
<td>* Practices active listening skills.</td>
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<td>* Shares information in a timely and diplomatic way.</td>
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<td>* Uses a variety of positive methods to promote 4-H and Cooperative Extension.</td>
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<tr>
<td>Interpersonal Skills</td>
<td>* Considers and responds appropriately to the needs, feelings and capabilities of others.</td>
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<td></td>
<td>* Demonstrates good citizenship and treats others with respect and fairness.</td>
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<td></td>
<td>* Exhibits patience in appropriate situations.</td>
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<tr>
<td>Flexibility</td>
<td>* Is open-minded to new ideas, change, and new information.</td>
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<tr>
<td></td>
<td>* Adapts behavior and methods in response to new information, changing conditions and priorities, demands, unexpected obstacles, or situations.</td>
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<tr>
<td></td>
<td>* Demonstrates ability to compromise.</td>
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<tr>
<td></td>
<td>* Demonstrates flexibility due to change in conditions, priorities, demands or situations.</td>
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<tr>
<td></td>
<td>* Adapts leadership style to variety of situations.</td>
</tr>
<tr>
<td></td>
<td>* Adapts educational strategy for situation and audience.</td>
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<td></td>
<td>* Encourages the development and use of imagination in the decision-making process.</td>
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<tr>
<td>Decisiveness</td>
<td>* Exercises good judgment based on situation and surroundings.</td>
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<td></td>
<td>* Makes sound, well-informed decisions.</td>
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<td></td>
<td>* Perceives the impact of decisions.</td>
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<td></td>
<td>* Commits to action to accomplish organizational goals.</td>
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<tr>
<td>Initiative</td>
<td>* Motivated, self-starter.</td>
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<td></td>
<td>* Committed to positive ethics in youth development – trustworthiness, respect, responsibility, fairness, caring, and citizenship.</td>
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<td>* Follows through with projects and commitment.</td>
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<td>* Works to develop an area of expertise.</td>
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<td>* Recognizes own strengths and weaknesses and committed to personal improvement.</td>
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<td>* Demonstrates belief in own abilities and ideas.</td>
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<tr>
<td>Organizational Skills</td>
<td>* Effectively manages time, resources and people.</td>
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<td></td>
<td>* Is prompt.</td>
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<td>* Successfully manages multiple tasks.</td>
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<td>* Uses conceptual and creative thinking in decision-making.</td>
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<td>* Uses a proactive approach to problem solving.</td>
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<td></td>
<td>* Uses a variety of educational tools (newsletters, presentations, tours, judging, news releases, displays, etc.).</td>
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<td>* Evaluates strength, benefits and quality of educational programs.</td>
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<td>Service Orientation</td>
<td>* Effectively manages, develops and delivers educational programming.</td>
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<td></td>
<td>* Is concerned with public perception and satisfaction.</td>
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<td></td>
<td>* Is honest, trustworthy, fair, and dependable.</td>
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<td></td>
<td>* Appearance and behavior is appropriate and professional.</td>
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<td></td>
<td>* Works effectively with diverse audiences.</td>
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<tr>
<td>Teamwork</td>
<td>* Offers assistance and is supportive of others.</td>
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<td></td>
<td>* Gains satisfaction from group achievement.</td>
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<td></td>
<td>* Demonstrates ability to work with diverse personalities.</td>
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<td></td>
<td>* Maintains credibility with others.</td>
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<td></td>
<td>* Coaches, mentors, and challenges peers and youth.</td>
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<td></td>
<td>* Inspires, motivates and guides others toward goal(s) accomplishment.</td>
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<td></td>
<td>* Actively involved and supportive of small group, club and county efforts.</td>
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<td>Institutional Systems</td>
<td>* Understands and appropriately applies procedures, requirements, regulations and policies as related to 4-H and Oklahoma Cooperative Extension.</td>
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<td>* Supports and works effectively within the organizational and management systems of the local, county, and state 4-H programs.</td>
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<td>* Supports the non-discrimination statement of the Oklahoma Cooperative Extension Service.</td>
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<td>* Demonstrates commitment to positive youth development and education.</td>
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