Workshop Descriptions - Workshops may have been cancelled if there was a lack of interest in the pre-registration survey. When possible, another workshop alternative was provided in that time period.

ENHANCING 4-H PROJECT WORK - Explore 4-H projects and project work through this track of workshops.

A1 – Clothing Decision - Discovering Choices
   Presented by: Brenda Miller & Charlotte Richert
   The workshop focuses on consumer issues in clothing. We will utilize materials from the National 4-H Council curriculum center. The activities are useful for club meetings and special interest workshops. The interactive style provides learn by doing which will help young people manage their wardrobe and clothing budget.

A2 – Dogs – A Waggin’ Good Time
   Presented by: Patti Miller and Mickey Simpson
   An introductory overview of the 4-H Dog Care Project: Basic Obedience, Beginning Agility, Rally Competitions, and ideas for piggy-backing “Dogs” with other project areas.

A3 – Cancelled

A4 – Demonstration Tips and Trivia
   Presented by: Cathy James & Stephanie McSparrin
   We will demonstrate some helpful tips and trivia for illustrated presentations and demonstrations. The primary emphasis will be on food presentations: food preparation tips, food handling techniques, preparing posters and visuals and general do’s and don’ts. The fundamental information has useful application for all topics used in illustrated presentations.

A5 – Hop, Skip & Jump to Health
   Presented by: Becky Walker
   Communicating, making decisions, understanding self, dealing with change and making healthy lifestyle choices are just a few of the life skills learned through the 4-H Health project. Be a healthier and happier volunteer and teen leader by living the fourth H - Health. It’s time to get motivated and moving to a healthier you!

A6 – The Basics to Successful Meat Goat Project
   Presented by: Kyle Worthington, Tom Manske and Jill Toney
   An introduction to the rapidly growing 4-H Meat Goat project: traits desired in selecting a meat goat; nutrition needs for a healthy project; and resources needed to raise a meat goat. We want to help youth excel in and out of the show ring with their Meat Goat project.

A7 - Basic Photography & Preparing Photography Entries
   Presented by: Theresa & Julie Bragg
   Attendees will learn basic techniques in photo selection, what makes a good photo, good compositional techniques, and tips and guidelines for preparing entries for the state fairs. Samples will be available for participants to see.
The Geology project covers everything from all sources of energy to economics and careers. We will acquaint participants with the Geology Kit located in each county office, how to develop project clubs and share ways youth can develop project work to qualify for the scholarship and/or awards.

A9 - Cancelled

A10 - Utilizing Animal Projects to Develop Life Skills in Youth

Livestock projects are a worthwhile mechanism to help develop and educate young people about animal husbandry and the livestock industry. But, life skills learned through these projects present the greatest benefit for participating in an animal science project.

A11 – Project Mileage

This workshop will show volunteers how time and money can be saved while the 4-Her gains leadership and public speaking skills as they work in their project areas.

A12 – Cancellation

**PROJECT PLANNING AND LIFE SKILLS DEVELOPMENT THROUGH 4-H**

Life skills development is at the root of all 4-H projects, programs, activities and events. Life skills are 34 simple principles which allow our children to develop into capable and competent adults. Our role as volunteer, parent, teen leader and educator is to help young people see the relationship between the skill they are learning and its application to other aspects of their life. A figure of the Life Skills model is located inside the back cover.

B1 Raising the Green for 4-H

If your 4-H club needs money to support project development, community service activities or incentives, this workshop is for you. We will discuss some of the oldest and some of the newest ways to raise money for 4-H clubs. The focus will be split between fund raising ideas that will engage all the members and grant writing that will provide funds from other sources. There are many sources for small grants that will be shared with participants.

B2 Teen Leaders Who Are They?

With 23 year working with teen leaders and a total of 33 years as a 4-H volunteer I will share my experience in how to start young 4-H’ers on the path of becoming Teen Leaders and Officers; how to keep teens involved in 4-H; as well providing time for questions and comments.
B3 Be a Clown in 24 Hours
Presented by: Dana Chaffin
Learn how volunteers and/or teen members can start a county-wide clowning club. Clowning provides a wonderful opportunity for citizenship and service.

B4 Service Learning
Presented by: Nancy Dunlap & Charles Mohr
You are invited to actively participate and learn about youth driven service-learning programs that engage youth K-12 in applying their academic knowledge in projects that benefit the community in the areas of education, environment, health and public safety, as well as human needs. Funding is available to assist in implementing service-learning programs.

B5 LEAD - Learning Exciting Attitudes for Design of Club Meetings
Presented by: David Sorrell and Gena Alexander
Training teen 4-H members and providing a leadership opportunity for them to create club kits for all county volunteers to use at club meetings. Building club kits creates excitement for youth members, parents, teens and volunteers. The excitement is contagious and gives club meetings a new attitude and design. This workshop will give you the structure to LEAD your county into a new design of club meetings!

B6 Planning & Reporting Quality 4-H Project Work (Part 1)
Presented by: Susan Murray
Winning 4-H Record Books start with good project work. Solid project work is the result of setting goals, working toward project objectives, planning quality leadership and community service activities and following through with those plans. Participants will participate in hands-on planning activities and receive tools to assist with planning and recordkeeping.

B7 Beginning Record Books & Project Report Forms
Presented by: Grant James and Brenda Hill
Tips to help leaders assist junior 4-Her’s with their record books will be discussed. We will take a look at other record book formats and review the form that is used in Cleveland County. Our goal is to help parents and volunteer to have a better idea of what needs to go into a successful record book.

B8 Veterinary Science Today and Tomorrow
Presented by: Dr. Dave Sparks
Veterinary Science offers many career opportunities for youth to explore. Dr. Sparks will share the need for veterinarians in Oklahoma and surrounding states and how the College of Veterinary Science is willing to work with young people who have a goal of becoming a veterinarian.

B9 Cancelled

B10 Horse - Communications (Part 1)
Presented by: Dave Freeman, Tommy Puffinbarger and others
The majority of horse owners with youth list pleasure riding and trail riding as their favorite activity. Characteristics of these activities - location, interest and time, allow for 4-H volunteers to develop and encourage on-site educational activities. This workshop will discuss ways to provide on-site activities that allow 4-H'ers to develop technical horsemanship skills, camping skills, and environmental stewardship, while developing teamwork, leadership and
communication abilities. Participants will have the opportunity to participate in some example activities.

B11  12 Months of 4-H Fun  Rm 302
Presented by: Joy Hammond and Jared Seeley
Are you searching for programs to broaden the scope of your 4-H meetings? Come explore our workshop for hands-on ideas to introduce a different project area every month and open the door for your 4-H members to the bigger world of 4-H.

C1 – Raising the Green for 4-H  Rm 201
(Club Fund Raising and Grant Writing) Repeat of B1
Presented by: Jim Rutledge

C2 – Teen Leaders Who Are They?  Repeat of B2  Rm 202
Presented by: Marilyn Rogers

C3 – Be a Clown in 24 Hours (Citizenship)  Repeat of B3  Rm 203
Presented by: Dana Chaffin

C4 – Service Learning  Repeat of B4  Rm 212
Presented by: Cassie Eubanks & Charles Mohr

C5 – Planning & Reporting Quality 4-H Project Work (Part 2)  Rm 114
Presented by: Susan Murray
Once 4-H members have done good project work, it’s time to report it in the Oklahoma Report Form and write about it in the 4-H Story. As long as directions are followed, there is no “right” or “wrong” way to present information. Participants will receive formatting examples. In addition, the 2007 Awards Program changes will be shared during this session.

C6 – Beginning Record Books & Project Report Forms  Repeat of B7  Rm 218
Presented by: Grant James and Brenda Hill

C7 – Get In the Act  Rm 207
Presented by: National Conference Delegates Matthew Taylor, Carrie Highfill and Katelyn Wallace
Get in the Act is an interactive curriculum that encourages youth to practice and develop life skills important to the workplace. Designed to be taught by teens in after school setting, our team believes the fun and innovative activities are excellent tools for engaging elementary and middle school 4-H members in the learning process at the local club level.

C8 – Horse - Communications  (Part 2) Continuation of B10  Rm 301
Presented by: Dave Freeman and others

C9  12 Months of 4-H Fun  Repeat of B11  Rm 302
Presented by: Joy Hammond and Jared Seeley
Fun Shops
Experience project work up close and personal in these fun, hands-on workshops!

D1 – Hydro Rockets Away!  Rm 118
  *Coordinated by: Rick Rexwinkle*
Construct a rocket with simple materials - a two liter pop bottle and card stock. We will also construct a PVC pipe launcher. This workshop will include: what makes a rocket fly, stability, launch safety, as well as cone and fin design.

D2 – GPS  Rm 206
  *Coordinated by: Beth Crumpler*
Volunteers will learn to use Global Positioning System receivers through fun activities.

D3 – Fun with the 4-H Ritual  Rm 208
  *Coordinated by: Karolyn & Beth Bolay*
Learn fun and interactive games and activities for your 4-H club members, leaders and after-school groups. These games and activities will help teach the 4-H Ritual while providing a fun and enthusiastic environment.

D4 – Salt – It’s not just for cooking!  Rm 112
  *Coordinated by: Glyndaee Edwards*
We will have fun doing "salt art" using household table salt and food coloring. Cost $1.

D5 – 4-H Science & Technology Made Easy  Rm 103
  *Coordinated by: Washington County 4-H Members & Sarah Sponsel*
Want to be a 4-H “mad” scientist? We won’t blow anything up, but it will be messy! Our hands-on workshop will equip you with lessons and activities to introduce science & technology to your 4-H club.

D6 – Cancelled

D7 – Table Etiquette & Napkin Folding  Rm 122
  *Presented by: Cindy Conner*
We will demonstrate table settings for a variety of occasions, have fun discussing table etiquette and provide hands on instruction for folding napkins 15 different ways.

D8 - Ideas for Summer Sewing Camp  Rm 102
  *Presented by: Radonna Sawatzky and Kristy Spalding*
“Do you need quick and easy sewing project ideas? Whether it’s for summer day camps or sewing clubs, this workshop is for you. Come for lots of ideas and leave with a project in hand.”

D9 – Sitting Around Blowing Bubbles  Rm 108
  *Presented by: Liz and Cathleen Taylor*
You’ll be doing more than just sitting around blowing bubbles. Make and play with bubbles and see how bubbles can be a wonderful way to introduce science into your 4-H clubs, camps and day camps.
Go Fly a Kite

Presented by: Nolan Watson

We will discuss the history of kites, how they spread across the world, and unusual uses of kites. We will learn the dynamics of how kites fly including lift, gravity, resistance, thrust and other principles of flight affecting kites. Each participant will build a kite to take home along with new skills to share with 4-H members.