

Common Abbreviations Used in Cooking

Abbreviation	Full Term
c	cup
t or tsp	teaspoon
T or Tbsp	tablespoon
oz	ounce
fl oz	fluid ounce
pkg or pk	package
pt	pint
qt	quart
gal	gallon
pd, lb or #	pound
gm, g	gram
mg	milligram
l	liter
f.g.	few grains
sec	second
min	minute
hr	hour
sec	seconds
med	medium or moderate
lg	large
pinch	less than 1/8 teaspoon
dash	less than 1/8 teaspoon
sq	square
doz	dozen
F	Degrees Fahrenheit
C	Degrees Celsius
° or dg	degree

